

## Teaching Social Skills, Creating Successful Students Following Instructions and Listening

<b>Skill to Teach</b>	<p><b>Following Instructions and Listening</b></p> <p>This lesson has several options for practice. You can choose the practice options you want or do several and split the lesson over several days, if desired.</p>
<b>Age</b>	Early elementary
<b>Objective</b>	<p>Students will play cooperative games, practice keeping their hands and feet to themselves, demonstrate self-control, and listen and follow instructions to complete a coloring activity. Students will identify basic shapes and colors (House), identify numbers (Spring &amp; Thanksgiving) and differentiate between right and left (Winter). Students will also write a (few) sentence(s) about the coloring page, thus integrating language arts. (Decide the criteria for the writing assignment and clearly communicate those expectations to students.)</p>
<b>Materials Needed</b>	<ul style="list-style-type: none"> <li>• Skills poster or skill steps written on board for <b>Listening</b> and <b>Following Instructions</b></li> <li>• Large space to play the games</li> <li>• Bubbles (if choosing to do the bubble game)</li> <li>• Classroom set of coloring page</li> <li>• One copy of teacher instructions for the coloring page</li> <li>• Basic colors</li> <li>• File folders for creating study carrels</li> </ul>
<b>Planned Teaching</b>	<ul style="list-style-type: none"> <li>• Tell students that there are many times within their day that they need to <b>listen</b> and also to <b>follow instructions</b>. Ask them for examples within their day (at school, home, with friends, at church, and at extracurricular activities and other events).</li> <li>• Tell the students the steps of <b>Listening</b>. These steps are modified to be kid-friendly.             <ol style="list-style-type: none"> <li>1. Look at the person.</li> <li>2. Wait quietly while the person is talking.</li> <li>3. Do something to let the other person know you're listening.</li> </ol> </li> <li>• And also tell the steps of <b>Following Instructions</b> referring to your wall poster or write the steps on the board:             <ol style="list-style-type: none"> <li>1. Look at the person.</li> <li>2. Say (or think) 'Okay'.</li> <li>3. Do it right away.</li> </ol> </li> </ul>

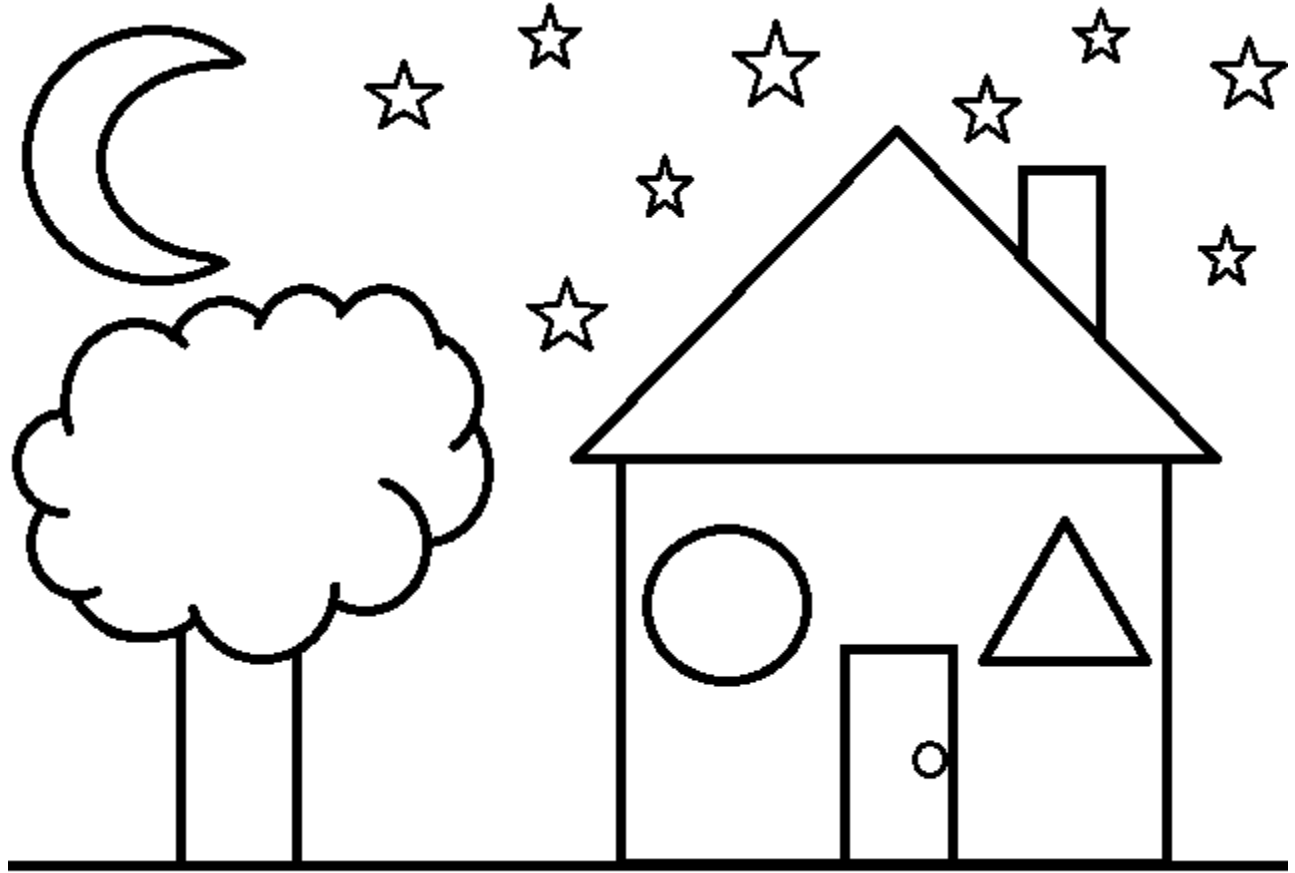
<p><b>Practice</b></p>	<p>Tell students they will play some fun games to practice the skills of <b>listening</b> and <b>following instructions</b>. Here are several options to practice:</p> <ul style="list-style-type: none"> <li>• <i>Simon Says:</i> Have the students spread out. You are the leader. You can be Simon or go holiday-themed, i.e. the Jack-o-lantern or the Turkey or Scarecrow says. Explain the rules and that they must listen closely and only follow the instructions when Simon says.</li> <li>• <i>The Bubble Game:</i> Have the students spread out. Tell them the expectations. You will blow bubbles. The first time, they may stay in their area and pop bubbles around them. They need to watch out for furniture and other students. After that, you will blow bubbles and they have to keep their hands and feet to themselves and not pop the bubbles. Repeat several times in any order.</li> <li>• <i>Obstacle course:</i> Set up a simple obstacle course around the room. Show students how to go through the course, what to do at each station, and the order. Make sure you are clear on expectations of where they are to wait for their turn, what they are to do, and where they are to go and what they are to do after their turn.</li> <li>• <i>Follow the Teacher:</i> Have students take turns being the teacher, doing a physical motion at the front of the room while the other students copy and follow along. After a movement or two, you call on another child to have a turn being the teacher. Make sure and pre-teach how to wait for your turn and what to do when you're told your turn is over.</li> <li>• <i>Red Light, Green Light:</i> Have the students line up at one end of the room. You stand at the other end. Tell the students the expectations. When you say, "green light," they will walk toward you. (Be sure and demonstrate the expectation for walking.) When you say, "red light," they will stop. The first student to get close enough to you to give you a high five is now the teacher and gets to call red light, green light. During the game, be sure the students are walking and stopping when you say to. Send the students back to the beginning if they do not follow the instructions.</li> <li>• <i>Listening and Following Instructions Coloring Pages:</i> Note for the Teacher: Before completing the house coloring activity, students need prior knowledge of basic colors and shapes. To be successful on the Spring-themed activity, students need to know their numbers. The Winter-themed activity uses left and right directions, and the Thanksgiving-themed activity requires knowledge of their teen numbers. Each student needs a copy of the corresponding coloring page and a file folder to create a study carrel. Each student needs access to the basic colors of markers or crayons. For the Thanksgiving sheet, they need a light brown in addition to a dark brown. Tell the students they will practice <b>listening</b> and <b>following instructions</b>. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they're doing listening and following instructions because you'll see them quietly coloring using the color you said. If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.</li> </ul>
<p><b>Assessment</b></p>	<p>Informally assess students' participation during the games and coloring activity. Grade the coloring paper according to your classroom procedure. Grade the writing portion of the pages according to any language arts expectations that you have (spelling, etc.).</p>



Name \_\_\_\_\_

Date \_\_\_\_\_

**Listening and Following Instructions** House Coloring Page



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Teacher Instructions for: **Listening** and **Following Instructions** House Coloring Page

Each student needs a copy of the corresponding coloring page and a file folder to create a “study carrel.” Each student needs access to the basic colors used below. Tell the students they will practice listening and following instructions. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said.

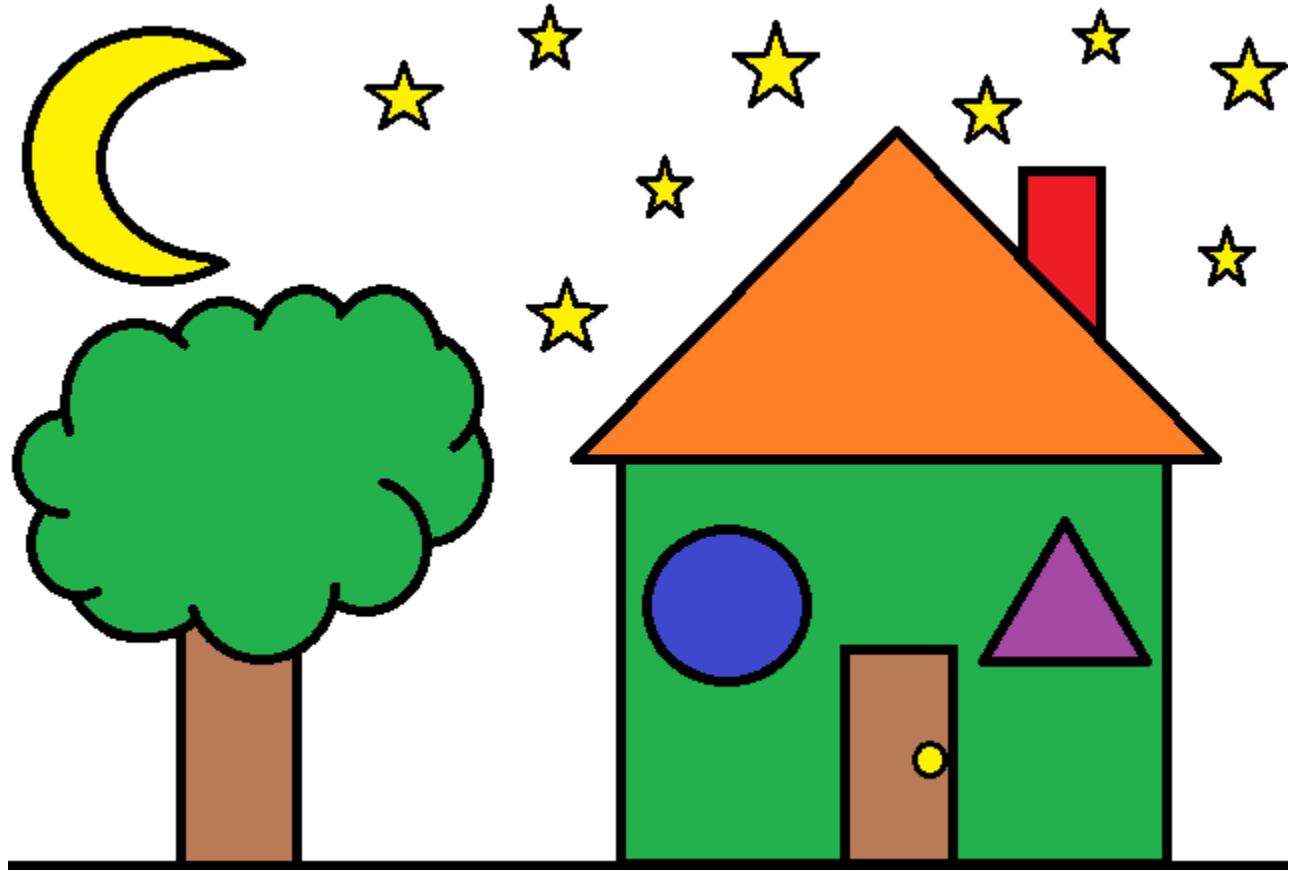
1. Write your name on the name line.
2. Write today’s date on the line. (optional)
3. Color the square house green.
4. Color the stars yellow.
5. Color the triangle window purple.
6. Color the largest triangle orange.
7. Color the crescent moon yellow.
8. Color the rectangle that is the tree trunk brown.
9. Color the smallest circle yellow.
10. Color the skinny rectangle on the roof red.
11. Color the puffy cloud shape on top of the tree green.
12. Color the rectangle that is the door brown.

Now tell students to write a (few) sentence(s) describing their home on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

Name \_\_\_\_\_

Date \_\_\_\_\_

ANSWER KEY  
**Listening and Following Instructions** House Coloring Page



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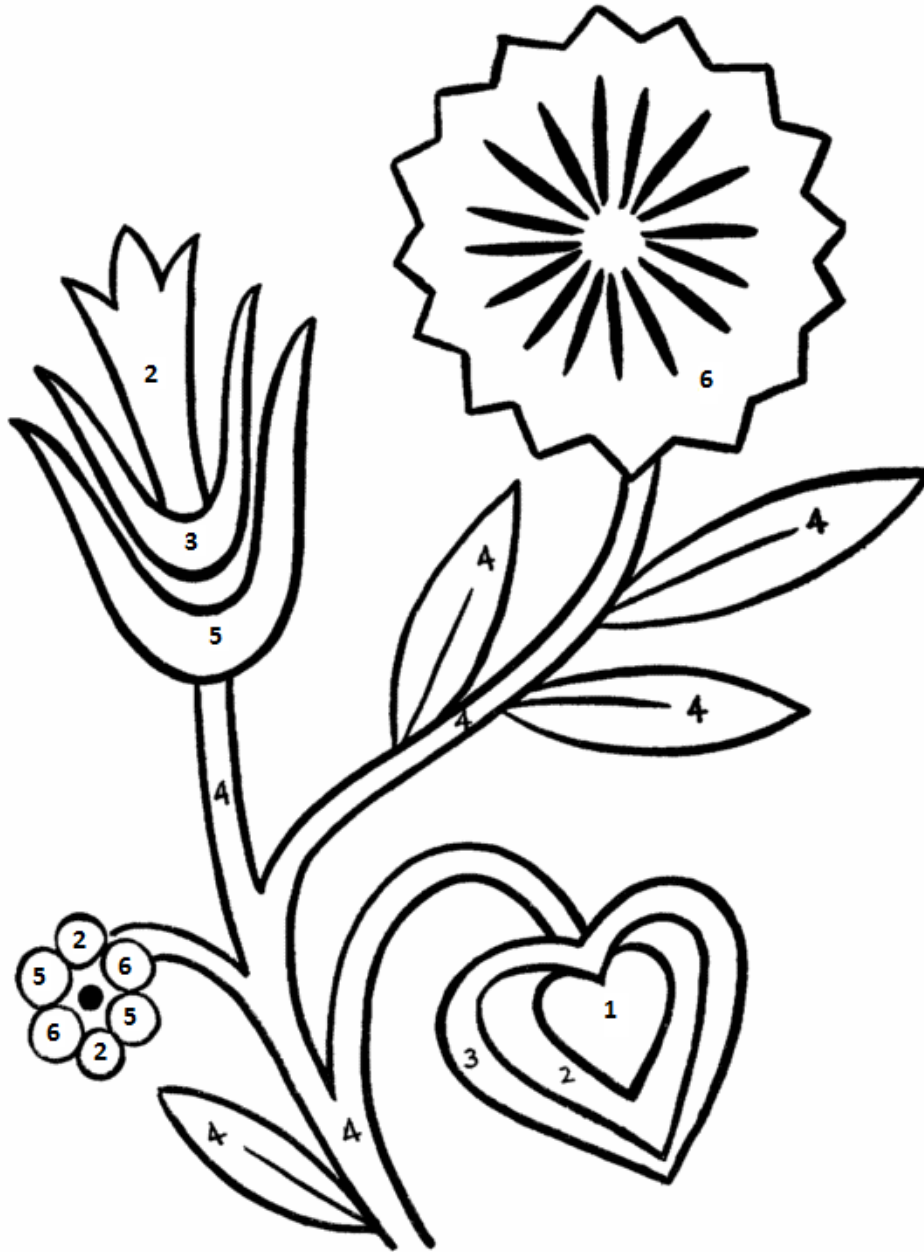
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Name \_\_\_\_\_

Date \_\_\_\_\_

Spring **Listening** and **Following Instructions** Coloring Page



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Teacher Instructions for: Spring **Listening** and **Following Instructions** Coloring Page

Each student needs a copy of the corresponding coloring page and a file folder to create a “study carrel.” Each student needs access to the basic colors used below. Tell the students they will practice listening and following instructions. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said.

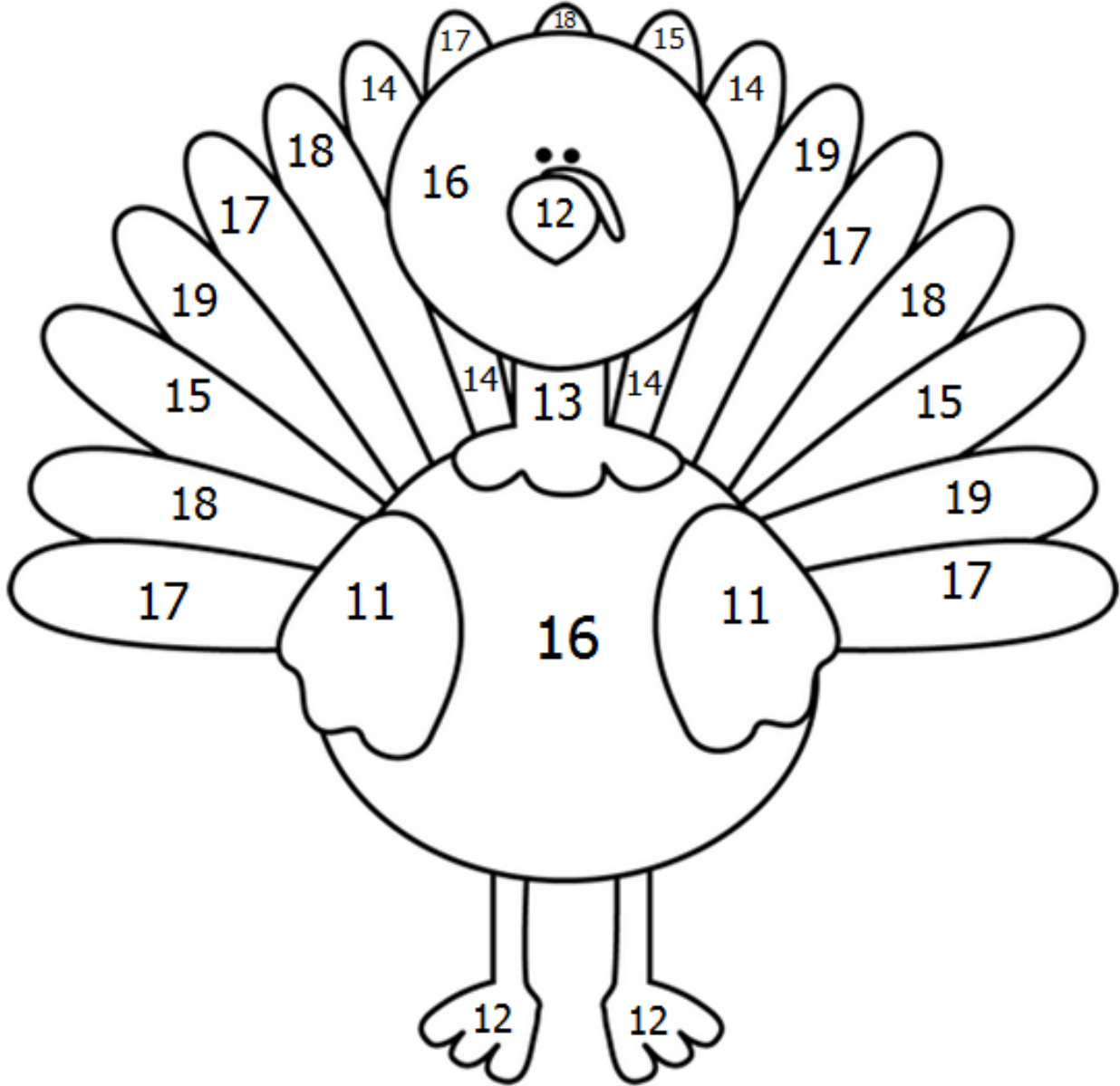
1. Write your name on the name line.
2. Write today’s date on the line. (optional)
3. Color all number 4s green. (There are 5 spaces.)
4. Color all number 2s yellow. (There are 4 spaces.)
5. Color all number 5s orange. (There are 3 spaces.)
6. Color all the number 1s red. (There is 1 space.)
7. Color all number 6s purple. (There are 3 spaces.)
8. Color all number 3s blue. (There are 2 spaces.)

Now tell students to write a (few) sentence(s) about their favorite things about Spring on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

Name \_\_\_\_\_

Date \_\_\_\_\_

Thanksgiving **Listening** and **Following Instructions** Coloring Page



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Teacher Instructions for: Thanksgiving **Listening** and **Following Instructions** Coloring Page

Each student needs a copy of the corresponding coloring page and a file folder to create a "study carrel." Each student needs access to the basic colors used below. Note: They will need a brown and a light brown. Tell the students they will practice listening and following instructions. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they're doing listening and following instructions because you'll see them quietly coloring using the color you said.

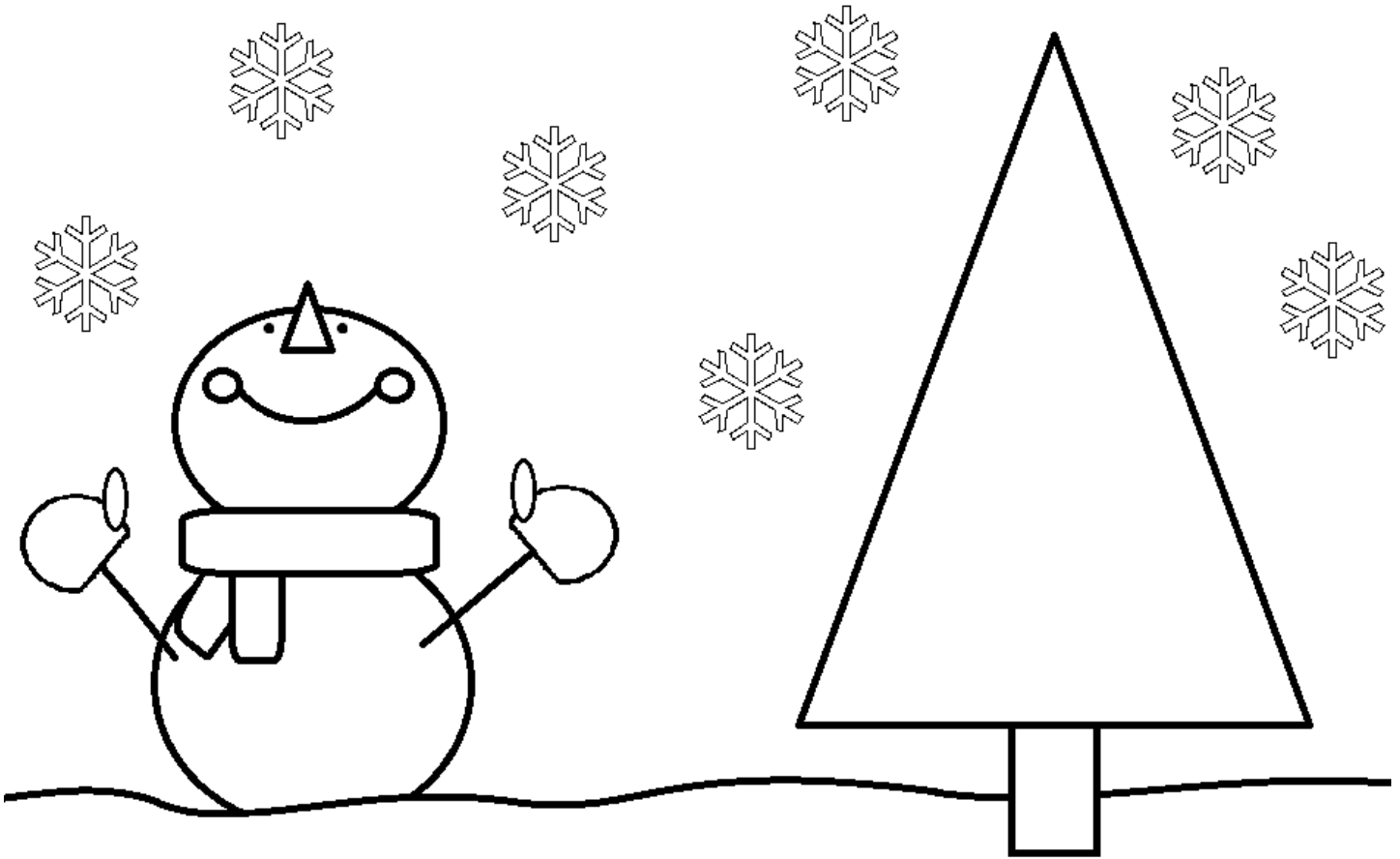
1. Write your name on the name line.
2. Write today's date on the line. (optional)
3. Color all number 16s dark brown. (There are 2 spaces.)
4. Color all number 12s yellow. (There are 3 spaces.)
5. Color all number 11s light brown. (There are 2 spaces.)
6. Color all the number 13s red. (There is 1 space.)
7. Color all number 14s purple. (There are 4 spaces.)
8. Color all number 18s green. (There are 4 spaces.)
9. Color all number 15s blue. (There are 3 spaces.)
10. Color all number 17s pink. (There are 5 spaces.)
11. Color all number 19s orange. (There are 4 spaces.)
12. Lastly, there is a waddle- the white space above the turkey's beak. It is too small to have a number. Color it red.

Now tell students to write a (few) sentence(s) about Thanksgiving on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

Name \_\_\_\_\_

Date \_\_\_\_\_

**Listening and Following Instructions** Winter Coloring Page



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Teacher Instructions for: **Listening** and **Following Instructions** Winter Coloring Page

Each student needs a copy of the corresponding coloring page and a file folder to create a “study carrel.” Each student needs access to the basic colors used below. Tell the students they will practice listening and following instructions. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said.

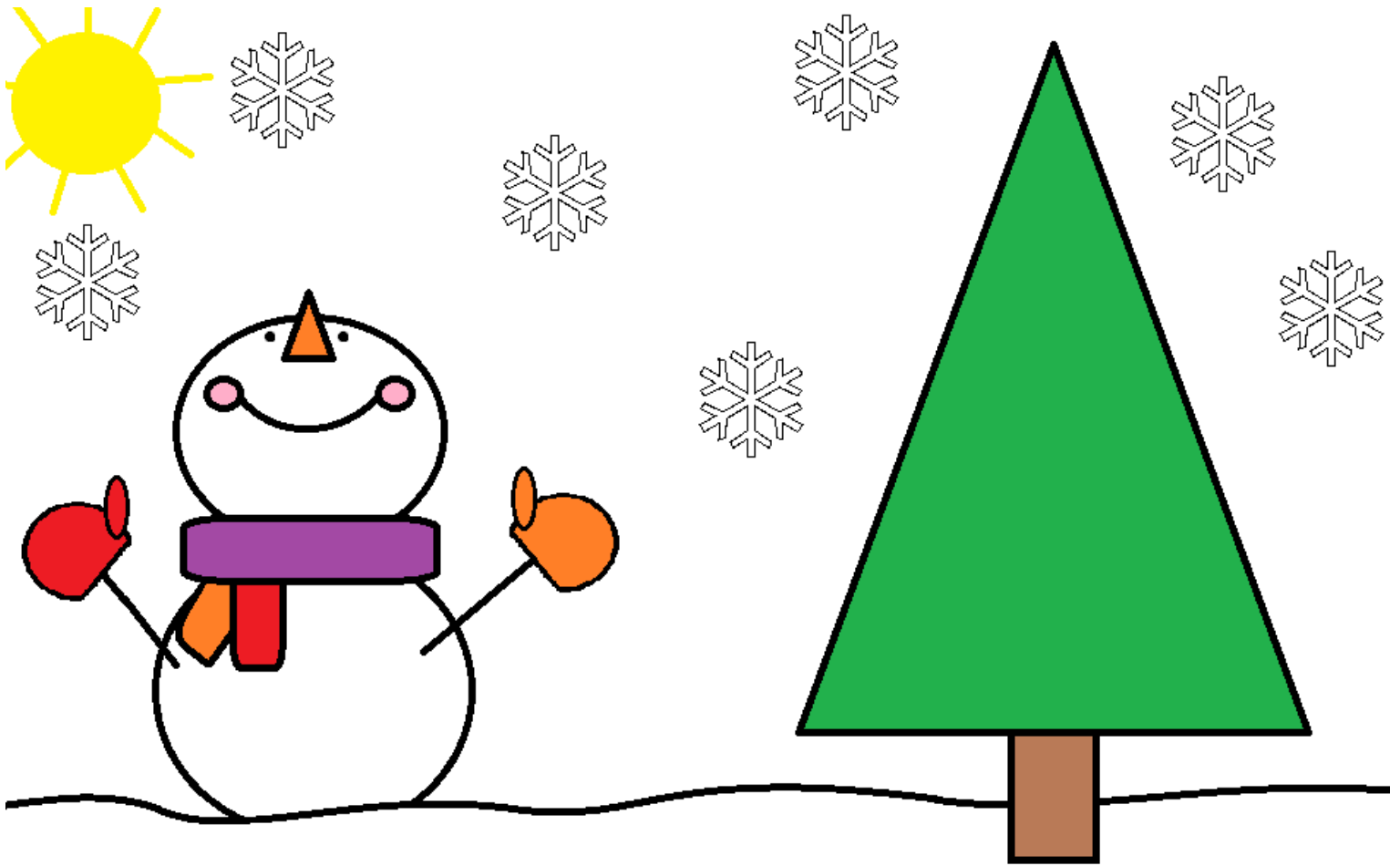
1. Write your name on the name line.
2. Write today’s date on the line. (optional)
3. Color the small triangle orange.
4. Color the large rectangle that is the scarf purple.
5. Color the semicircle and oval that are the left mitten red.
6. Color the largest triangle green.
7. Color the two small circles pink.
8. Color a yellow sun in the upper left corner.
9. Color the left rectangle that is the scarf tail orange.
10. Color the rectangle that is the tree trunk brown.
11. Color the semicircle and oval that are the right mitten orange.
12. Color the right rectangle that is the scarf tail red.

Now tell students to write a (few) sentence(s) about their favorite things about Winter on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

Name \_\_\_\_\_

Date \_\_\_\_\_

ANSWER KEY  
**Listening and Following Instructions** Winter Coloring Page



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